



KEVIN J FLEMING

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SELF EXPLORATION TOOLS

MAP IN ME - Individual Coaching

Individual career coaching for high school students, college students, and adults to increase satisfaction and motivation. Unique assessments and empowering tools are provided to help clarify one's career trajectory, eliminate stress, and to discover your design.

CAREER INFONET - Skills Profiler

This allows students to choose from seven different skill groups including basic skills, social skills, complex problem-solving skills, technical skills, system skills, resource management skills, and desktop computer skills.

DREAM CATCHER - Career Orientation

Identify your purpose in life and achieve your career dreams through eight interactive lessons. Each lesson includes great videos and motivations, as well as an online tool to connect with other students with similar career interests.

ISEEK - Skills Assessment

This allows students to choose skills from six different skill groups including basic skills, complex problem-solving skills, resource management skills, social skills, systems skills, and technical skills.

WORK PREFERENCE - Inventory

Twenty-four questions will assess your student's work style.

PERSONALITY ASSESSMENTS

CA CAREERZONE - Interest Profiler

Occupational interests are identified through a series of questions about work activities that some people do in their jobs. Based on the aforementioned Holland Code, it includes comprehensive information on over 900 occupations.

JUNG - Typology Test

Helps identify one's lifestyle preferences, personality strengths, and suitably aligned career choices.

MYERS-BRIGGS - Type Indicator (MBTI)

This personality test builds upon Jung's typologies and is one of the most reliable and trusted. It has been selected by the nation's top colleges to help with career development and is backed by scientific research. This test will help your students understand themselves and how they interact with others. It will help them identify their preferences in four areas: where they focus their attention, how they take in information, how they make decisions based on the information, and how they deal with the world. The original test costs \$49.95, however, a free version can be found at:

KEIRSEY (KTS-II) - Temperament Sorter

This test is similar to the MBTI. However, it breaks up the MBTI's 16 types into 4 basic categories: Artisans, Guardians, Rationals, and Idealists.

INNER HEROES - List Subtitle

This test is a combination of the MBTI and the KTS-II

BIG FIVE - Personality Test

Once called All About You, these tests measures personality as it applies to careers.

DISC - Personality Quiz

Helps your student learn how they respond to conflict, their motivations, their stressors, and how they solve problems.

COLORCODE - Driving Core

Identifies driving core motives, helping students understand why they do what they do.

CAREER EXPLORATION

OCCUPATIONAL - Outlook Handbook

This online handbook allows students to look at jobs based on groups, areas, growth, education, and pay. For each job, the student can see what they do, the work environment, the education needed, the pay, the job outlook, and similar occupations.

HOLLAND CODE - Career Test

Helps students identify career interest among six themes: realistic, investigative, artistic, social, enterprising, and conventional. Offers a list of suggested careers based on the profile.

ASVAB - Army Careers

Multiple-choice test that helps a student identify which Army jobs are best for them. The entire test is done through a military recruiting office, but sample tests can be found online.

CALIFORNIA - Career ZONE

A career exploration and planning system designed for students. This site has information on over 900 occupations. It has many profiler tests, as well as career videos, and job openings.

CALIFORNIA - Career CENTER

This is a career planning website helping students find an education plan with many different options. It will help your students develop career self-management skills.

ROAD TRIP - Nation Stories

Road Trip Nation Stories told by people in a myriad of occupations help create the resources that will show your students the many different careers and possibilities available.

DIRTY JOBS - Discovery Channel

A Discovery Channel series with Mike Rowe. He assumes the duties of the job he profiles for the week, helping students gain an appreciation for the many different jobs available and what makes people happy in those jobs others consider “too dirty.”

WHAT DO YOU WANT - California

Though focused on California, this is a good site to help students determine courses to take and career options.

THE SUPPORT PERSONNEL - Accountability Report Card

The SPARC online tool enables school site student support teams to create a unique, publishable document highlighting the impact their staff and programs are having on student career and college readiness.

O*NET ONLINE - Career Research

At O*Net, a student can enter a work title, look up careers by expected job growth, by career cluster, by green economy sector, by industry, by job family, by STEM discipline, and by education, experience, and training necessary. As jobs are located, O*Net provides information about the tasks, tools, technology, knowledge, skills, abilities, work activities, work context, job zone, education, credentials, interests, work styles, work values, related occupations, wages, employment, and job openings.

CAREER ONE STOP - U.S. Department Labor

U.S. Department of Labor website with career exploration tools, occupational videos, labor market and wage data, and job searching resources.

CAREER SURFER - Application

This mobile application is a tool for beginning career exploration and planning. Students can explore careers on their mobile devices by viewing snapshots of the more than 900 occupations detailed on the California CareerZone. Career Surfer is a free download from the Apple App Store or Google Play.